

# **CLARINS**

# CLARINS

STRANDS SKIN SPA & SALON | 31 REID STREET | HAMILTON

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WELCOME TO STRANDS

### Your Personal Oasis in the City...



For over thirty years

Strands has been considered the leader in Hair Care & Beauty in Bermuda. We have achieved this reputation by our consistent dedication to providing the highest quality service, backed by the worlds finest products.



All Clarins Products are sold at substantial savings over U.S. prices

PHONE: SKIN SPA 441 295~0353 | SALON 441 295~0935 | WWW.STRANDS.BM

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BRIDAL PACKAGES Brides-to-be should enquire about our very special, in-salon or on location, complete Bridal & Groom Services.

Free Consultations available on all services.

LaStone "Pick Me-Up"

Gift Certificates Available for any of our Skin Spa & Salon services & products.

### **Experience Clarins Treatments.**

Science, Experience, Senses.





"I created Clarins so that women could feel happier and more beautiful every day. Clarins products and application techniques are the fruit of 50 years of listening, dialogue and respect. At Clarins, you are loved, understood and listened to."

Jacques Courtin-Clarins Clarins Founder

"Taking time for a facial or body treatment is not necessarily a luxury but a necessity in today's world. Now, feeling good about oneself begins by taking care of oneself. At Clarins, our mission has always been to ensure your well-being and to truly enhance every one's beauty."

Dr. Olivier Courtin-Clarins Clarins Managing Director



To the heart of the deepest forest and the bottom of the deepest ocean, Clarins Research travels to the furthest corners of all five continents. This constant search for plants with the most powerful active ingredients has a single goal: the beauty and wellbeing of women. Clarins Skin Spainvites you on a path to beauty. Embark on a unique journey of self-discovery.

### CLARINS TREATMENTS ARE TOTALLY UNIQUE

They are the encounter of the natural benefits of botanicals with the magic of the hands in a perfect marriage of effective products and expert techniques. Experience this exclusive combination that will reveal your full beauty... for a firmer body, softer skin and the soothing balance of inner calm.

#### **EXCLUSIVE FORMULAS**

Discover our "Pro" formulas and let yourself be won over. These formulas contain a very high concentration of plant extracts for remarkable results, their textures are incredibly rich so that expert hands can express all of their power. And to make this moment of happiness last, you'll find these marvelous formulas at home in their retail version.

#### AFTER YOUR TREATMENT

You'll take away much more than just well-being. You'll be taking along a personalized beauty program. Your beauty therapist will listen to your needs and advise you. She'll share with you application secrets and tips about making the most of your beauty and well-being. You'll be able to prolong the benefits of your treatment for maximum beauty, longer.

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# The best products combined with the best application techniques make for the very best treatments. That's why Clarins provides the best response to all your facial beauty concerns. All treatments have been scientifically tested at the Laboratory and have been developed with highly concentrated plant extracts, expert movements and attentive hands to deliver immediately visible beauty results and optimal skin care benefits that last.

# CLARINS

CLARINS | SCIENCE, EXPERIENCE, SENSES



#### THE YOUTH ACTIVATOR

A revitalizing treatment that visibly redefines the facial oval and contours. Delivers a 'litt' effect to help skin appear more replenished and youngerlooking. { At Home: Clarins Super Restorative Range}

#### THE LIFTING LINE SMOOTHER

A youth recovery treatment that boosts skin's vital functions. Delivers exceptional skin toning and firming benefits to help diminish the visible appearance of lines. { At Home: Clarins Extra-Firming Range }

# 11/4 HR ALL FACIALS \$16500

#### THE LUMINOSITY RESTORER

A revitalizing treatment that immediately revives deep luminosity in skin. The complexion appears fresherlooking and facial features look younger, smoother and more replenished.

{ At Home: Clarins Vital Light Range }

Courses of 6 or 10 are availble at considerable savings over single treatments.

#### THE RADIANCE REVIVER

A rebalancing treatment for skin that shows signs of stress due to a busy lifestyle and early wrinkles. Delivers smooth, toned and radiant skin.

{ At Home: Clarins Multi-Active Range }

#### THE MOISTURE REPLENISHER

A rehydrating treatment to supply intense moisture to dehydrated skin. Nourishes and softens skin to revive and restore radiance.

{ At Home: Clarins HydraQuench Range }

#### THE SKIN HEALER

A soothing treatment specifically developed for sensitive skin. Repairs and rebalances skin's natural defence mechanisms. Helps diminish redness and unifies the complexion. { At Home: Clarins Gentle Range }

#### THE DETOX & SHINE STOPPER

An ideal treatment to gently rebalance combination or oily skin. Skin is perfectly clean, matte and healthy-looking. Skin texture is refined.

(At Home: Clarins Truly Matte Range)

#### THE BRIGHTENING PERFORMER

A brightening treatment for a flawlessly pure complexion without dark spots. Essential to restore the fresh-looking, rosy transparency of youthfullooking skin. { At Home: Clarins Bright Plus HP Range }

The body is Clarins. From the beginning

### **Tri-Active Body Treatments**



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As a specialist in body contouring and firming treatments, Clarins knows the body by heart and knows how to take care of it like no one else. For every problem, there is a Clarins solution. For every concern, there is a beauty answer.

> The Tri-Active Body Treatments: an innovative 3-step protocol for optimized results.

THE SCULPTOR

This body-refining treatment drains and filters tissues for a maximum feeling of lightness. Body contours are firmed and the overall silhouette is refined. A great way to reconcile with your body! {At Home: Clarins Body Shaping Cream}

THE FIRMING AGE CORRECTOR

Fabulous age-control for the body that works on skin's density, tone and elasticity. Firming and revitalizing, it helps promote firmer, more supple skin. A wonderful youth boost for your skin!

{ At Home: Clarins Extra firming Body Cream }

1<sup>1</sup>/4 HR ALL BODY TREATMENTS

\$18200

THE MOISTURE QUENCHER

Perfect for "thirsty" skin, this treatment is a wave of moisture for dry skin and promotes an unbelievable feeling of comfort while restoring smooth, supple skin from head to toe. { At Home: Moisture Rich Body Cream }

Courses of 6 or 10 are availble at considerable savings over single treatments.

THE SUN GLOW

A head-to-toe self-tanning treatment for the face and body. It ensures even, superb-looking colour that looks just like the real thing. Skin is luminous, soft and ideally hydrated. Look like you just got back from the beach!

{ At Home: Clarins Self Tanners }

I HR Face & Body \$176

I/2 HR Face \$83

I/2 HR Legs \$102

I/2 HR Legs \$102

### **Exfoliating Treatments**



Exfoliating is an absolute 'must' treatment before any further body treatment because it helps facilitate product absorption and increases product effectiveness.

#### THE POLISHER

This high-performing body scrub deeply purifies the skin with double exfoliation benefits (mechanical and biological). This process leaves skin ultra-soft and smooth and increases its resistance. { At Home: Clarins Relaxing Body Polisher }

#### CLARINS FRUIT SALT BODY SCRUB

Toning or Relaxing, these 100% natural exfoliating treatments are based on white jasmine, lavender and plant essential oils. They leave the skin feeling ultra-soft, luxuriously smooth.

{ At Home: Clarins Toning Body Polisher }

#### CLARINS SPA EXPERIENCE

1 1/4 HRS Exfoliation & Massage \$179



Courses of 6 or 10 are availble at considerable savinas over sinale treatments

Body Wraps & Stop-Overs

Take time for yourself and dive into the deepest of relaxation... In a humid environment, these sovereign body wraps help you say goodbye to stress and hello to harmony. For Women, for Men.

#### BODY WRAP RELAXING

Gentle body wrap based on green clay. Detoxifies, revitalizes and relaxes to deliver supple and comfortable skin

{ At Home: Clarins Relax Oil}

#### **BODY WRAP TONIFYING**

Toning body wrap with white clay. Energizes and tones to deliver clean, healthy skin

{ At Home: Clarins Tonic Oil}

#### BODY WRAP CONTOURING

Streamlining body wrap with green clay. Revitalizes, drains and refines to deliver soft. comfortable skin.

{ At Home: Clarins Anti Eau Oil}

BODY WRAP with mini facial 1 1/4 HRS \$182





Courses of 6 or 10 are availble at considerable savings over single



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Experience Clarins fabulous

### Mother-to-Be Treatments





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CLARINS | SCIENCE, EXPERIENCE, SENSES



A pioneer in beauty care for pregnant women, Clarins de-

veloped the best-selling guide 'Pregnancy, the most beautiful days of your life' with doctors and midwives to develop a programme dedicated to all those who want to feel feminine as well as being a mother throughout this essential part of a woman's life. A specific treatment at the Institute with adapted application techniques, tested products and advice...With Clarins, every mother-to-be advances with serenity down the path of motherhood.

#### BEAUTIFUL MOTHER-TO-BE

Relaxing treatment for the face and body that relieves back pain, muscular fatigue and promotes skin radiance in the later stages of pregnancy.

#### BEAUTIFUL NEW MOTHER

Renewing treatment for the face and body that helps the body regain its shape and rebalances skin conditions after birth.

1<sup>1</sup>/<sub>4</sub> HR
ANY TREATMENT

Courses of 6 or 10 are available at considerable savings over single treatments.



#### At Home:

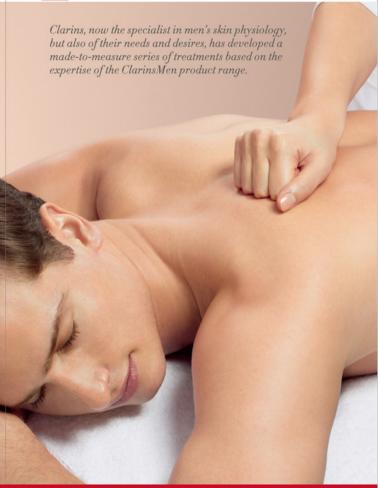
Clarins Smoothing Body Scrub For a New Skin Clarins Stretch Mark Control Clarins Tonic Body Treatment Oil Clarins Bust Beauty Care Clarins Energizing Emulsion Clarins Eau Dynamisante

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Relaxing and rejuvinating

### Treatments for Men





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ClarinsMens treatments address mens' skin concerns by offering customised treatments that target specific problems. Men can lie back, relax and enjoy our professional environment while our Clarins Therapist restores tired skin and muscles, leaving you feeling rebalanced, refreshed and ready to take on the world.

#### **OBJECTIVE: CLEAN SKIN (FACE)**

Anti-fatigue treatment to tighten features and chase away stress while soothing skin irritated by shaving. 

At Home: ClarinsMen product range }

#### OBJECTIVE: ANTI-FATIGUE (BODY)

Anti-fatigue treatment to erase signs of stress and tension. A relaxing break for those who are busy and feel stressed.

{ At Home: ClarinsMen product range }

### OBJECTIVE: NEW ENERGY (BACK & SCALP MASSAGE)

This is a deep cleansing and exfoliating treatment with a therapeutic massage to soothe away stress and tension. { At Home: ClarinsMen product range }

1 HR
CLEAN SKIN
\$13800

1 HR
ANTI FATIGUE
\$165<sup>00</sup>

1/2 HR
BACK & SCALP
\$11600



# Trands | Specialised Facials

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Discover the highly specialised secrets of our Collagen, Aromatherapy and cleansing back treatments. When you need a treatment that offers a little extra assistance in battling your beauty concerns these therapeutic treatments, together with Clarins products are highly effective and suited to both men and women.

#### COLLAGEN-MATRIX FACIAL

A pure & natural product. Collagen is a powerful skin strengthener capable of wrinkle reduction, skin regeneration, scar reduction and highly effective hydration.

1 1/4 HR \$168 Course of 6 \$901

#### AROMATHERAPY FACIAL

Using centuries old massage techniques and essential oils this luxurious treatment is specially tailored to individual needs

1 1/4 HR \$168 Course of 6 \$901

#### CACI THE FACE & BODY LIFT WITHOUT SURGERY

Computer Aided Cosmetology Instrument. A tightening & lifting of the face and body muscles.

1HR \$132 Course of 6 \$704 Course of 10 \$1,122

BODY TREATMENT HAND TREATMENT

(1/2 HR \$83) (1/2 HR \$72)

#### MICRODERMABRASION

1/2 HR \$80 1+1/4 HR \$180

Please note: Course of 6 treatments @ 10% savings Course of 10 treatments @ 15% savings





# Relax & Unwind

#### SWEDISH MASSAGE

A classic style of massage that uses relaxing and soothing techniques to help promote balance and harmony in the body. Utilizing light to moderate pressure it stimulates circulation, relaxing muscle tension to reduce anxiety and create a state of deep relaxation.

1HR \$143 1/2 hr \$105 3/4 hr \$132 1 1/2 hr \$193

Course of six - 1 hr \$772 Course of ten - 1 hr \$1,215 { At Home: Clarins Relax Oil }

#### THERAPEUTIC STRESS MASSAGE

A slightly deeper massage than the Swedish, concentrating on areas of muscle tension by manipulating soft tissue to rebalance areas of concern. This treatment brings about a sense of relaxation while releasing built up tension and strain in the body and muscles. Using gentle stretching to relieve muscle stiffness, it will increase health and well being.

1HR \$165 1/2 hr \$110 3/4 hr \$154 1 1/2 hr \$237

Course treatments of 6 or 10 available. { At Home: Clarins Relax Oil }

#### DEEP TISSUE MASSAGE

Aimed at the deeper structures of the muscle and connective tissue. The pressure of this massage is more intense, using pressure point treatment to release chronic muscle tension. It will relax and soften injured, tired and overused muscles and help increase joint flexibility.

1HR \$185 1/2 hr \$121 3/4 hr \$171 1 1/2 hr \$260

Course treatments of 6 or 10 available. { At Home: Clarins Relax Oil }

#### CIARINS CLEANSING BACK TREATMENT

Personalized to meet your specific needs.

1/2 hr \$102

#### Please note:

Course of 6 treatments @ 10% savings I Course of 10 treatments @ 15% savings

# SINS

### CLARINS Hot Stones Massage

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#### AROMATHERAPY MASSAGE

An ancient and specialised massage with essential oils. Tailored to the individual. Imparts a feeling of wellness and relaxation.

11/4 hrs \$214 Course of three \$574 Course of six \$1,086

#### AROMAFIEX

Intense therapy to relieve stress with essential oils; includes Reflexology, back and scalp massage.

11/2 hrs \$226

#### REFLEXOLOGY

An ancient Eastern method of deep massage on the feet to re-energize, de-stress the body and compose the mind, based upon the division of the body into ten zones or reflexes of the feet.

1 hr \$127 Course of six \$683

#### CLARINS BEAUTIFUL FEET WITH REFLEXOLOGY

Enhanced treatment that is moisturizing & rebalancing.

2 hrs \$218

#### INDIAN HEAD MASSAGE

Relieves tension and headaches, neck, shoulder and back pain. Alleviates stress, promotes relaxation and gives a feeling of well-being.

1/2 hr \$92 With scalp treatment & blow dry \$175

#### **REIKI**

The optimum treatment for relaxation and harmony by hands-on healing for energy rebalancing.

11/2 hr \$194 Course of six - 1 1/2 hr \$1,043

#### EAR CANDLING

Helps in cleansing the ear canal

3/4 hr
Ear Candling with 1/2 hr massage \$98

La Stone

HOT STONE MASSAGE

Feel the stones' energies walk along tired muscles. Feel the deep thermotherapy of hot and cold stones as tension and stress leave your body. Feel cradled and protected as a sense of well-being returns to body and soul. We use Clarins products with the La Stone Treatments.

La STONE MASSAGE	11/2 hrs	\$237
SWEDISH LASTONE MASSAGE	1 hr	\$156
La STONE "PICK-ME-UP" MASSAGE	1/2 hrs	\$134





# $Skin\ Spa$ an oasis of beauty





# Skin Spa Packages

Our all-inclusive Spa Packages offer an opportunity to enjoy a specifically tailored selection of therapies and services for a very special price. We use Clarins Treatments and products throughout all of our Spa Packages.

#### DAY OF BEAUTY

Clarins Massage Treatment, Clarins Facial Treatment, Lunch, Manicure & Clarins Hand Treatment, Chair Pedicure & Clarins Foot Treatment, Shampoo & Blowdry.

Approx. 5 1/2 hrs \$556

with Haircut \$600

#### MAGIC MORNING

Clarins Massage Treatment & Clarins Treatment Facial.

Approx. 2 1/2 hrs \$295

with Cut & Blowdry \$394

#### MOTHER'S DAY RETREAT

Clarins Facial Treatment and Paraffin Wax Pedicure with Paraffin Wax Manicure with foot and hand treatment.

Approx. 3 1/4 hrs \$328

#### SHARED DAY - MOTHER & DAUGHTER

Clarins Hand Treatment & Manicure, Chair Pedicure & Clarins Foot Treatment, Clarins Make-up lesson, Shampoo & Blowdry.

Approx. 3 1/2 hrs \$651

with Haircut \$740

#### STRESS BUSTER

Aromatherapy Massage, Aromatherapy Facial and Indian head massage with scalp treatment and blow dry.

Approx. 3 1/2hrs \$472

#### TIME OUT - JUST FOR MEN

Clarins Anti-Fatigue Stress Massage & Clarins Mens Facial Treatment.

Approx. 2 hrs

\$257





### Skin Spa Packages cont.

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Our all-inclusive Spa Packages offer an opportunity to enjoy a specifically tailored selection of therapies and services for a very special price. We use Clarins Treatments and products throughout all of our Spa Packages.

#### THE GOLFER'S BODY CONDITIONER

Clarins 1/2 hr Massage, Parfin Wax Pedicure with Clarins Foot Treatment.

1 1/2 hrs \$201

#### CLARINS SERENITY SPA TREATMENT

Clarins Fruit Salt Body Scrub, Body Wrap with Mini Facial, Application of Nourishing Body Serum.

2 1/2hrs \$271

#### SPA ESCAPE JUST FOR TWO

Clarins Body Treatment for women with Body Wrap and a Clarins Body Treatment for men with Indian Head Massage.

3 3/4hrs

#### EXPECTANT MOTHERS - TO - BE

Includes Clarins Mini Facial and 1/2 hr. Clarins Massage, Paraffin Wax Pedicure and Clarins Foot Treatment with Clarins cooling and toning leg Treatment.

Approx. 2 1/2 hrs \$281

With Cut & Blow Dry \$380

# **Strands Beauty Services**



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# **Strands Beauty Services**

Here you will find services that address beauty details; hair removal, Clarins make-up, eyelash and eyebrow tinting and nail care.

#### CLARINS MAKE-UP SERVICES

Clarins Make-up is the last step in beauty and gives colour to life. Naturally pro-longing Clarins skin care treatments, these Clarins make-up workshops were developed to enhance your skin's beauty and reveal all of its radiance. Take pleasure being you or play to be someone else sometimes!

Clarins Make-up Lesson	1 hr	\$98
Trust a Clarins expert to show you easy application techniques and personalized tips to give your make-up a professional touch.		
Bridal Wedding Day and Trial Make-up		\$149

#### CLARINS MAKE-UP APPLICATION

Reserve a personalized make-up session and let our expert apply your Clarins make-up with your favourite shades to create a look that compliments you best for any occasion. By Appoinment 3/4 hr \$83

#### EYELASHES & EYEBROWS Tinting and Colouring

Eyebrows & Eyelashes	\$64
Eyebrow/Eyelashes/Eyebrow shaping	\$88
Eyebrows	\$32
Eyelashes	\$45
Lip Bleach	\$32
Duralash Semi-Permanent False Lashes	\$60
Duralash Refills from	\$35
Eyebrow Shape & Tint	\$61

#### MISENCIL EYELASH EXTENSIONS for a glamorous look

Discovery application	\$83
Star Look	\$165
Super Star Look	\$275
VIP Look	\$358
30min Touch Up from	\$55

### Hair Removal

At Strands we offer a wide range of hair removal options using either Waxing or Electrolysis. Consultations are available.

#### HAIR REMOVAL - WAXING

We use only the finest waxes: Honey, Tea Tree and Hot Wax and Lycojet.

Full leg 3/4 Leg		\$77 \$66
1/2 Leg		\$54
1/2 Leg with Bikini Wax		\$83
Full Leg with Bikini Wax		\$99
Bikini Wax		\$39
French Wax	from	\$55
Brazilian Wax	from	\$86
Arms		\$52
Underarms		\$34
Facial Waxing	from	\$33
Eyebrow Shaping	0.0000	\$32
Eyebrow & Lip		\$56
Lip & Chin Wax		\$42
Lip Wax		\$28
Back Wax	from	\$72
Back & Chest		\$94
Threading	from	\$32

#### FIECTROLYSIS - DIGITAL BIEND SYSTEM

Specialized electrolysis including removal of red veins.

#### GALVANIC/DIATHERMY

An advanced technique of hair removal, combining two proven methods, enhanced by modern technology. Extremely effective for treating broken capillaries and other minor blemishes.

Minimum Charge	\$55
15 Minutes	\$72
Each additional 5 Minutes	\$11
Course of Ten 15 Minute Treatments	\$644

ELECTROLYSIS/DIATHERMY see over page



# Strands Beauty Services







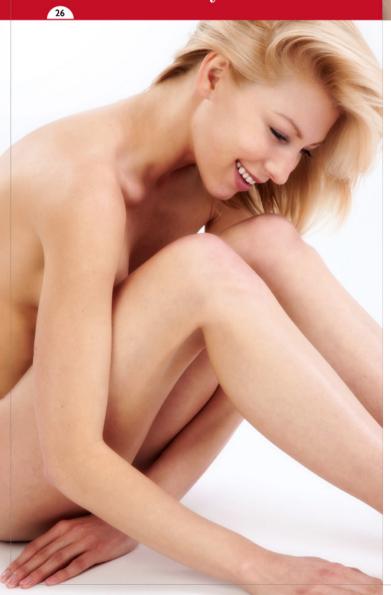
#### ELECTROLYSIS - DIATHERMY A precision method of hair removal.

Minimum charge \$44 \$55 15 minutes Each additional 5 minutes Course of Ten 15 minute treatments \$495

Only disposable electrolysis needles are used. All equipment sterilized by the Autoclave system.

#### FAR PIFRCING

24 kt plated Stud - per Stud \$33	Set	\$66	
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### **Strands Pedi-Room**



### Nail Care & Treatment



Clarins Manicure	\$61
French Manicure	\$65
Change of Polish	\$36
Shellac Manicure	\$72
French Shellac Manicure	\$77
Shellac Polish only (hands or feet)	\$44
French Shellac Polish only (hands or feet)	\$50
Shellac Removal & Re-application	\$72
Shellac Removal only	\$28
Clarins Beautiful Hands with Paraffin Wax	\$88
Clarins Mens Manicure	\$50
Clarins Mens Manicure/Pedicure Combo	\$132

#### **PEDICURE**

Choose between our Pedi Chair applications in our new Pedi Room or Classic, treatment room applications.

Classic Pedicure	\$88
Spa Pedi Chair Pedicure	\$99
French Pedicure	\$107
Change of Polish	\$36
Shellac Pedicure	\$116
Shellac Removal & Re-application	\$116
Shellac Removal only	\$28
Clarins Beautiful Feet with Reflexology	\$208
Paraffin Wax Pedicure with Clarins Beautiful Feet	\$132
Clarins Mens Pedicure	\$88

#### Add a paraffin wax treatment to any treatment:

Hands	\$28	RedRock Detox	\$33
Feet	\$33	RedRock Detox	\$39
Hands & Feet	\$55	RedRock Detox	\$66

Nourishment Blend Paraffin Wax treatments provides hydration and protection from dryness, cracking, soreness and irritation.





### Strands Hair Salon





Strands is very proud to have maintained its position as the leader in Hair Care and Design for 30 years in Bermuda. Our creative team will keep you abreast of the latest trends, styling solutions and hair care.

#### STYLING

Finish (Blow Dry or Set)	from	\$65
Haircuts Cut & Finish Men's Haircut & Finish	from from	\$110 \$60

#### COLOURING

Full Head Tint	from	\$178
Retouch Tint	from	\$160
Double Process	from	\$283
Semi Permanent	from	\$142
Highlighting with Foils/Balliage (full head)	from	\$252

#### **PERMING**

Perm – With Haircut and Finish	from	\$227
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#### RELAXERS

Retouch	from	\$149
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#### JAPANESE HAIR STRAIGHTENERS

Yuko, Keratin and Straight Up Systems. Price based on consultation.

HAIR EXTENSIONS by GREAT LENGTHS Price based on consultation.

Strands are exclusive distributors of Sudzz FX, Goldwell and Clarins Skin Care & Make-up.



### Superior Products



#### GOLDWELL

Professional Haircare. The Spirit of Beauty

Goldwell's state-of-the art technology delivers predictable, vibrant and long lasting results every time. Their collections include:

#### **TOPCHIC**

Permanent hair colour infused with hydrolyzed wheat protein & panthenol to add strength & shine to hair & accurate formulated colour.

#### **ELUMEN COLOUR**

The latest, most innovative, non-chemical hair colour.

#### COLOURANCE

Colourance is the gentle "no lift" hair colour that delivers optimal shine & vibrant colour. Ideal for blending unwanted gray & high-fashion colours.

#### PERMING & RELAXING SYSTEMS

Natural solutions for long-lasting curls & relaxed looks.

#### **GOLDWELL HOMECARE PRODUCTS**

The most exclusive line of shampoos, conditioners & styling products. Harmoniously balanced, professional solutions for all of your homecare needs.

#### **CLARINS**

The environment: a genuine concern. From the very beginning, Clarins goal was to create highly effective products containing the highest quality ingredients, while respecting the environment.



With Stylist/Therapist	DATE	

#### CANCELLATION POLICY

#### Q. What do I do if I need to cancel my appointment?

**A.** A broken appointment is a loss to everyone. Please give us as much notice as possible. Unfortunately if you do not give us 24 hours notice and the time cannot be re-allocated, you will be charged the full cost of the treatment or service. **Please Note:** Credit card details required for all appoinments lasting one hour or more.

To advise of a cancellation, please call one of the following numbers:

Salon: 441 295-0935 or Skin Spa: 441 295-0353

Please Note: Prices and services are subject to change without notice.